

BREAKFAST MENU

Fruit Juice

Muesli

Variety of Cereals

Flavoured Yoghurts

Fresh Fruit

Farmhouse Cooked Breakfast: *hash brown, 2xgrilled bacon, sausage, mushrooms, tomato, egg (scrambled, fried or poached)*

Toast/Butter

Tea/Coffee

(If you would prefer one of the following instead of the cooked breakfast please let me know the night before)

Boiled eggs with toast

Fried egg on toast or fried bread

Poached egg with toast

Scrambled egg on toast

NB: Whenever possible we source all our food locally

BWYDLEN BRECWAST

Sudd Ffrwyth

Miwsli

Grawnfwyd Amrywiol

Iogwrt Amryw Flas

Ffrwyth Ffres

Brecwast Fferm: *tatws ffrio
bacwn wedi grilio x 2, selsig, madarch, tomato
wy (wedi scramblo, wedi ffrio, neu wedi potsio)*

Tost/Menyn

Te/Coffi

*(Os hoffech un or isod yn lle brecwast wedi coginio,
rhowch wybod, os gwelwch yn dda, y noson gynt).*

Wy wedi berwi a thost

Wy wedi ffrio ar dost neu bara ffrio

Wy wedi potsio

Wy wedi sgramblo

ON: Ar bob cyfle posib, defnyddiwch gynnyrch lleol